



**HAPPYHOURS**  
childminding

## Sun Protection Policy

The damaging effects of exposure to the sun on young skin have recently been well documented. I will do everything I can, working in partnership with you, to ensure that your child is protected.

I will need you to provide me with:

Sun Cream suitable for your child (high factor)

Sun hat (preferably a legionnaires hat to protect the neck)

A thin top/cardigan/tshirt with long sleeves

I will ensure that your child uses the sun cream that you have provided and wears the hat. I will also avoid spending prolonged periods of time outdoors during the hottest part of the day, and when out will try and protect your child by finding shady areas and using a sunshade on the pushchair. I will encourage your child to drink water regularly to prevent dehydration.

I will require you to sign a form giving me permission to apply the sun cream that you have provided.